



INTRO//CHANGES

It's been 3 months since I sat down to write some words for the last bulletin and as usual I wonder where the time went and why it's so hard at times to channel some energy into writing. All whining aside hardcore never ceases to amaze me, sometimes in the worst, sometimes in the best way.

This time around in the greatest way. First off on Valentine's Day I witnessed the release of at least 3 demos in Germany. An unheard of first for me. What a time to be alive. All different, all with their own blend of hardcore: True Fraud, Glow, Without A Word. And probably another one I simply forgot. And then just a week later the Preemptive Strike/Chemical Threat split. Not to mention Suspect's killer LP "Send The Bombs", Slon's long overdue Doppelganger LP and Vienna's Compete's 4-track demo earlier this year. And it's only early March.

Looking forward to whatever's gonna pop up on the zine front besides Stranded In Time #2 and Forced Narrative Zine. If you've put out a onesheet or a zine you want to preserve in the digital realm. Hit me up. burdenofdreams.com wants to be an archive in this time of short attention spans and corporate driven dopamine addiction platforms.

Peace,

- Dom

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DE-PLATFORMING

There's a sheer inevitability to the monopoly platforms such as instagram/ youtube/tiktok or the facebooks of old/the spotifys and whatever might come up next. They provide easy accessibility and lower the barrier to engage. Everyone can create their own brand/outlet these days and build a network and an audience. The interesting question however is, what happens if an organization chooses to change certain key aspects of its platform's behaviour. Remember the algorithmically curated timelines, that are now a standard, but weren't in the beginning. These are the things where we as citizens of subculture have just as little say as anyone else. Nothing can change the strategy of a corporate body apart from a scheme to make even more money.

An important aspect however is that we forget that those platforms, even though they are easy to use, are not the only means to publish, to express, to interact. For many people the internet is now a place of apps and once in a while some company comes up with a new scheme to grab our attention and then the cycle starts again until the most obsolete app is erased from your phone along with the void body of your digital traces in this metaverse.

The internet however is not that. All these apps run on top of it. They use an infrastructure that has become increasingly easy to use. Where you had to rent or buy a server to run a website on in the early 00's and had to wait days until your payment went through, you can now get an amount of computing power beyond imagination in an instant.

PLAYLIST

True Fraud - Demo Lead Spirit - s/t Mil-Spec - Changes

Rollins Band - Come In And Burn

Westpoint - Dive

Where is this rant going you ask? It's me reminding myself first and foremost that there are so many possibilities to run our own little "platforms" not completely connected, but open enough for all. Small bubbles, that are not driven by commerce, but by a love for subculture and a sense of belonging. People curating their knowledge on their own websites. Archived automatically by initiatives like "archive.org". that allow browsing the history of the web from the now to its humble beginnings.

I'm talking about platforms for communities. Platforms for promoting our bands, shows, and zines, sharing ideas and keeping track of the past, present, and future. Places where everyone sees the same things, because there's no algorithmic curation, no click statistics to increase revenue.

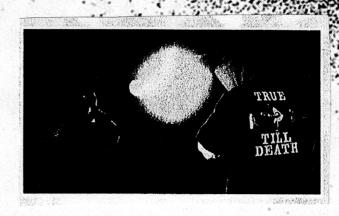
Self-financed or donation based to endure in the long run. To provide a place and let drama enfold on other kinds of social media.







Spiral's demo "You're not in this alone" has been out for a while now. I did this short Q&A some time in the last summer. So this one's not so much about introducing Spiral, but getting to know them a bit better. Interview was done with singer Lasse.





First things first. Let's get the facts straight. Where's Spiral based out of and who is playing in Spiral?

We are a four piece Hardcore band based in NRW. Our rehearsal space is in Düsseldorf but only two of us live here, the other two live in Wuppertal and Duisburg. We are: Dario on Guitar, Paul on Bass, Timo on Drums and Me (Lasse) on Vocals.

How did the band get started and what's the inspiration for the name?

Our Band started out in January 2023. Dario messaged me in December 2022 and asked me if I would be interested in starting a band with two of his bandmates in their former band "Choice is Yours". I was really stoked because my last projects never made it out of the rehearsal space. We knew each other from local shows and especially from a Spark show that my old band Brail played support for in Düsseldorf 2019, so we really didn't start of as strangers.

Looking for a name was a big struggle compared to finding a sound. But one day Dario came up with the name "Spiral" inspired by a Manga from Junji Ito called "Uzumaki - Spiral into Horror". The name fitted perfectly because we were looking for a single word that just stands out.

If Spiral were an animal, what would it be and why?

It probably would be a Snail. Since we used the symbol of an Ammonite fossil in our first merch design it became an insider joke. Some friends of us started to joke around and send of pictures of snail-shaped fossils in all kinds of forms and types which we laugh about

Your demo was released on DBNO records in late March 2024. How did you and Fabian wrap this deal?

While we were in the rehearsal room writing songs, Fabian always pointed out that he was very curious about our project. We were stoked cause we thought to ourselves it would be a big deal to release our first Demo amongst bands we all really like. When we recorded the songs we showed them to Fabian and he said he would be glad to release our Demo.

You've already made some waves locally, how would you describe your sound to someone who hasn't seen you yet?

Our sound is influenced by bands like Turning Point, Shield and Temperance. We have a more Melodic approach mixed with heavy mosh parts and singalongs. Music to Stagedive, Pile Up and to Mosh to.

What's the best show you've played so far and what are you looking forward to in the future? It's really hard to tell what THE best show was. But two

shows really stood out:

The last Spark show was really special for us all because this band meant a lot to us all.

And the "Hammer and Nails Fest" in Colonge was truly special. So many people piling up and singing our songs. This show truly was an unreal experience and will have a special place in my heart

What does Spiral stand for? What is Spiral about?

A huge part of spiral as a band is the word friendship. It starts out with friends creating music together while being supported by friends. Friends coming out to shows and creating an environment in wich people feel save. Also this word has a huge part in the lyrics since we believe that all struggles we might face in life, we never have to face alone. That's why our demo is called "you're not in this alone".

Who or what is the inspiration for Spiral as a band and you as individuals?

Spiral is an emotional outlet for us and gives us the opportunity to transport a message. But in the end it is all about having fun times.

Looking at the lyrics of "My Commitment". Is Spiral a Straight Edge band?

We as a band never claimed the label straight edge, since only three of us four have claimed edge for themselves. But still topics like addiction and substance abuse played a huge part in my life and especially the song "My Commitment" is a very personal song. It tells the story of my personal path towards sobriety. I hope it might reach the the right people and help them with their individual

Thanks for your time. Last words are yours!

Thanks to everyone who supported us! We are truly amazed by the fact that so many people have created a deep connection towards our music and lyrics. We definitely don't take this for granted. If you like to talk to us, send us a message or visit us at shows. You are truly appreciated and welcome here!



COLOGNE - GERMANY